

Chinese New Year 13 February 1983

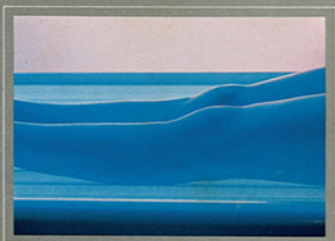
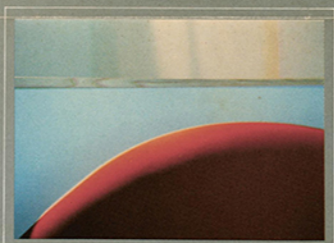
To get the year of the Pig off to a most auspicious start, the I Club's Managing Director, Mr. Alfred Siu, dotted the eye of the Lion in the traditional Chinese fashion.

Members of their families were treated to a delectable Chinese luncheon and dinner menu specially prepared by the Club's Chef and a traditional lion dance was provided for their entertainment.

I DOCUMENTA

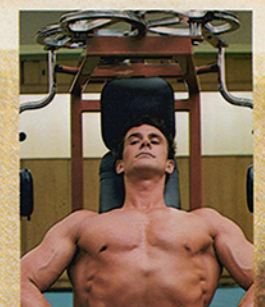
Exhibition of Photographs of
the interior construction work and activities at the I Club

26 February — 14 March 1983



The I Club

F I T N E S S C E N T R E



The I Club proudly announces the opening of its Fitness Centre located on the 1st floor of the Bank of America Tower. The Fitness Centre, with an area of 12,000 square feet, offers health facilities to both men and women. Equipped with a full range of Nautilus and Flex equipment, hot and cold jacuzzis, solarium, saunas, steam baths, massage room and isolation tanks for the relief of those everyday stresses, the Fitness Centre is under the attentive supervision of trained fitness instructors who also arrange aerobics, jazz and exercise classes. And to help complete a fitness programme, health food and beverages are served in the health food bar.

The Fitness Centre is open Monday to Saturday from 7:00 a.m. to 9:00 p.m. and on Sundays and Public Holidays from 10:00 a.m. to 6:00 p.m. Call Larry Brown, the club's Fitness Centre specialist, at 5-218131 ext. 26 to discuss a fitness programme just fit for you.